

May the 4th Be With You: "Space Warrior" Training

May the 4th Be With You provides "Warrior" Breath, Mindfulness, & Movement Training, any time of year, with our costumed "Space General," the professional stage combat choreographer and certified Tai Chi & Mediation teacher, J.T. Turner, who even shares how to use his safe-for-play "laser light swords." Fun for fans of epic movies, from youth to elders, as well as anyone who wants to better self-regulate the powerful force within them, and use it for good! Adaptable for any ability.

Program Type [Single](#)

Time 1 hour

Audience Size 24 maximum

Language English

Audience All Audiences

Season All Year

Region Statewide

Program Contact

J.T. Turner, The Actors Company Contact Marci Diamond for scheduling

Phone [7817103314](tel:7817103314)

Email theactorscompany1@gmail.com