

Telling Your Life Story

Each of us has unique, captivating stories to be shared. Those stories can be great gifts to our loved ones, friends, and strangers too. In this workshop we will use some wonderful prompts to evoke memories that are often buried in the "treasure box of our minds." We will choose one of those memories to shape into a story through a series of engaging spoken and written exercises designed to bring out its essence. At the end of the session, those who wish to, will have the opportunity to share their creation. The emphasis is to bring out the creative and distinctive voice of each person. Participants will leave with one well crafted story to share and a proven template for telling many more.

Program Type [Single](#)

Time 1 hour

Language English

Audience All Audiences

Season All Year

Topic Arts & Culture

Region Statewide

Program Contact

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