

# Art Journaling and Mixed Media Techniques

Learn and experiment with mixed media techniques to work on your art: incorporating different materials, utilizing stencils, stamping, printing and more! Everyone is creative! Come and surprise yourself as you enjoy the process of creating! Art journaling has a lot of healthy benefits to offer you.

**Program Type** [Single](#)

**Time** 1.5 hours

**Audience Size** 15 Maximum

**Language** English, Spanish

**Audience** Adults, All Adults, Elderly, Families, Youth

**Season** All Year

**Topic** Arts & Entertainment

**Region** Boston, Metro Boston

**Program Contact**

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