

# Chair Massage 4 hour Series by Bodyography Wellness Center

Chair massage to provide relaxation, tension relief for participants.

*This program may be used only once per TAP member site.*

**Program Type** [Series](#)

**Time** 2 Sessions, 4 hours

**Audience Size** 12 min - 22 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Anne Gilbert, Bodyography Wellness Center

**Phone** [7816654005](tel:7816654005)

**Email** [info@bodyography.net](mailto:info@bodyography.net)