

Chair Massage by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss. Sign up sheets will be provided.

This program may be used only once per TAP member site.

Program Type [Single](#)

Time 3 hours

Audience Size 6 min - 30 max

Language English

Audience All Adults

Season All Year

Topic Wellness

Region Statewide

Program Contact

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