

Chair Massage Series by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss. Sign up sheets are provided for 10/15/20 minute slots.

This program may be used only once per TAP member site.

Program Type Series

Time 3 Sessions, 3 hours

Audience Size 6 min - 30 max

Language English

Audience Adults

Season All Year

Topic Wellness

Region Statewide

Program Contact

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