

# Explore with Collage Adults

This collage process promotes personal and interpersonal development using pictures only. Finished work nurture inner messages, taking on new meaning as life itself evolves. This process may facilitate the revelation of self, establishing renewed commitment and awareness.

**Program Type** [Single](#)

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

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