

Relaxation Chair Massage by Joanne Salerno

In this interactive program residents experience chair massage, reiki, or reflexology. To enhance the environment, calming music is provided promoting a relaxed state of mind. Everyone is welcome to come, even just to enjoy the quiet atmosphere. This program is wheelchair accessible. Residents remain fully clothed.

This program may be used only once per TAP member site.

Program Type [Single](#)

Time 2 hours

Audience Size 28 max

Language English

Audience Adults, Elderly/Disabled

Season All Year

Topic Wellness

Region Boston, Central, Metro Boston, Northeast, Southeast

Program Contact

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