

# Drum Creatively

This interactive drumming circle encourages participants to experience the freedom of self expression that creative drumming can create. Gathered residents have the opportunity to feel this powerful and uplifting energy. All instruments are supplied; each person can choose which they would like to experience. Drum till your hearts' content.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

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