

# Resident Engagement Programs

2024-2025



# Table of Contents

Tenant Assistance Program (TAP) .....	3	Accommodations .....	4
Resident Engagement Programs Allotments .....	3	<b>Programs</b> .....	5
General Information and Policies .....	3	Series .....	5
Procedures for Site Staff .....	3	Single .....	9
Cancellation Policies .....	4		



## Tenant Assistance Program (TAP)

### Supporting Management and Residents in Rental Housing

TAP provides hands-on tools to address issues in your affordable rental housing including alcohol and other substance use disorders, mental health issues, domestic violence, hoarding, aging-in-place, challenges faced by families, and the difficulties of people living with disabilities. Staff and residents of TAP member sites benefit from TAP's many offerings including free trainings, access to dispute resolution services and on-site and virtual programs for residents.

## Resident Engagement Programs Allotments

### For TAP Member Sites Only

The number of programs, based on the number of units at the site, is as follows:

- Up to 75 units: 3 single OR 1 single and 1 series
- 76 - 200 units: 4 single OR 1 single and 2 series
- 201 - 300 units: 5 single and 1 series OR 2 single and 2 series
- 301-400 units: 6 single and 2 series OR 3 single and 3 series
- Over 400 units: 7 single and 3 series OR 4 single and 4 series

*"The wide variety of resident programs allow our largely non-English speaking population to engage with each other through music and exercise programs that provide health benefits as well as being enjoyable."*

- CEO

## General Information and Policies

- A new TAP program will be launched on July 1 for the period of July 1, 2024-June 30, 2025.
- All programs must be completed by June 30, 2025. **There are no exceptions made to this policy.**
- The last day to book a program is Friday, June 13, 2025.
- Many resident programs are available in a virtual format. Sites should contact vendors to discuss their capability to do virtual programming.
- 15 business days/3-weeks prior approval by MassHousing/TAP is required for each resident program.
- Due to the high demand of some TAP resident programs, there are selected programs that can be used only once per TAP member site. This will allow for fair use by all the TAP member sites. Those selected programs state in the program description *"This program may be used only once per site."*
- All TAP programs and activities must be accessible to individuals with disabilities with reasonable accommodations being made when necessary. See next page under ACCOMMODATIONS.
- TAP encourages its members to book programs early in the year to ensure the widest choice of programs. Each vendor listed has limited availability.
- All TAP Resident Program business can be addressed to:

**Denise Green, MassHousing/TAP**  
[dgreen@masshousing.com](mailto:dgreen@masshousing.com) OR  
[TAPresidentprograms@masshousing.com](mailto:TAPresidentprograms@masshousing.com)

**One Beacon Street, Boston, MA 02108-3110**

**Tel: 617.854.1080, 800.882.1154 ext. 1080**

**Fax: 617.854.1028**

## Procedures for Site Staff

MassHousing requires that TAP Resident Program Requests be submitted 15 business days (3 weeks) prior to the scheduled program.

The Resident Program Request Form is an electronic fillable PDF at [MassHousing.com/TAP](https://MassHousing.com/TAP). It must be completed by site staff and sent to the MassHousing TAP email ([TAPresidentprograms@masshousing.com](mailto:TAPresidentprograms@masshousing.com)).

Staff of TAP member sites are responsible for meeting the approval requirement above, as well as for the administrative details outlined here:

- Select program and schedule a date and time directly with program vendor. The vendor will provide you with a one-time unique code that corresponds with the date and time you have selected. Document that code on the program request form on the line that reads “CODE.”
- Complete the remainder of the program request form and email to [TAPresidentprograms@masshousing.com](mailto:TAPresidentprograms@masshousing.com).
- Approval notification will come by email within 5 business days from MassHousing/TAP staff with a copy of the approved request.
- On program day, site staff will prepare space at the site as needed for the specific program, welcome and review logistics with program vendor.
- Program vendor will bring MassHousing/TAP forms to be processed that day:

**Program Evaluations** - Residents and/or site staff fill out individual evaluation forms. All evaluations are electronic through SurveyMonkey.

**Program Attendance and Completion Form** - Residents and site staff fill out the attendance form and both site staff and vendor fill out and sign.

Program vendor will submit attendance and completion form along with vendor’s invoice to Denise Green at MassHousing/TAP, (One Beacon Street, Boston, MA 02108-3110) or [TAPresidentprograms@masshousing.com](mailto:TAPresidentprograms@masshousing.com)

## Cancellation Policies

- Cancellation of a program by site staff must be at least three (3) days in advance. Otherwise, the program vendor will be paid for one visit and the site will be recorded as having used a single program.
- If a program series is cancelled due to poor attendance, the vendor will be paid for two visits and the site will be recorded as having used a series program. Note: When programs held as series have less than 10 participants after the second session, program vendor must seek MassHousing/TAP approval to continue the series.
- In the event of cancellation due to bad weather i.e. rain, snow, etc., site staff and vendor will agree on new date and provide [TAPresidentprograms@masshousing.com](mailto:TAPresidentprograms@masshousing.com) with necessary information.

## Accommodations

To request this catalog in an alternative format such as large print or audio, please contact MassHousing’s Community Services Department at 617.854.1080, VP: 857.366.4157, or [dgreen@masshousing.com](mailto:dgreen@masshousing.com).

Developments financed by MassHousing must comply with State & Federal Laws regarding nondiscrimination and equal access to housing for people with disabilities. For more information please see MassHousing’s Policy for Portfolio Compliance [https://www.masshousing.com/portal/server.pt/document/1447/portfolio\\_compliance\\_policy\\_pdf](https://www.masshousing.com/portal/server.pt/document/1447/portfolio_compliance_policy_pdf)

When advertising:

- Advertisement must be in large print (14pt or larger) and with a high contrast of colors;
- Should state that reasonable accommodations for people with disabilities can be requested by contacting (manager name), phone, fax, Mass Relay (#711) or VP number.

If the need for an alternative format is known, you must give that person information in the necessary format.

If a person requests a reasonable accommodation and the need is not readily apparent or known, the person must provide verification that they meet the definition of disability and need the accommodation for equal access. If a request is made that the site or program vendor cannot provide, TAP will provide for the accommodation(s) within the limits of the laws. Requests should be made to Denise Green, 617.854.1080, 800.882.1154 x1080, VP 857.366.4157 or [dgreen@masshousing.com](mailto:dgreen@masshousing.com)

# Programs

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## Series

### All Audiences Fun and Games - Series

Everybody loves to play! It is good for our health and wellbeing! If it is young kids, teens or elderly, ACME will get them going! Fun and laughter for sure! We can adapt our presentation either inside or out and make it work with the space that you have. With a SERIES program, the site gets 3 workshops which allows ACME to touch on a wide variety of games and events focusing on youth guidance and teamwork.

**Program Type** Series

**Time** 3 sessions, 1 hour each session

**Audience Size** 10 min, 30 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Dennis Dow, Acme Teamwork

**Phone** 5084149963

**Email** dennisdow42@gmail.com

### Art and Relaxation

Participants will learn and practice relaxation and mindfulness techniques, then create art using mindfulness skills. In our busy lives taking time to be creative and rejuvenate will be a welcome respite for all.

**Program Type** Series

**Time** 4 Sessions, 1 hour

**Audience Size** 15

**Language** Spanish, English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region** Metro Boston, Boston

**Program Contact**

Marina Strauss

**Phone** 6174478462

**Email** straussmarina@gmail.com

### Basics of Microsoft Office Suite

Participants will learn the basics of Microsoft Word and Excel. At the end they will know how to use these programs to do tasks that include writing a letter or creating a well formatted document and worksheets in Excel. They'll also learn how to use templates.

**Program Type** Series

**Time** 5 Sessions, 2 hours

**Audience Size** 5 min - 16 max

**Language** English

**Audience** Adults, Elderly, Elderly/Disabled, Youth

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Osayi Erhabor, Steadfast Solutions

**Phone** 6172514691

**Email** osayi@steadfastsolutionz.com

### Blues and the Poetry of the Harlem Renaissance

Learn about the music and poetry of the Harlem Renaissance and the impact they had on American culture, through poetry readings, history and live Delta and Piedmont Blues, with blues musician Robin OHerin. Participants will have a chance to write a poem or blues song and perform it.

**Program Type** Series

**Time** 2 Sessions, 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled, Youth

**Season** Fall, Spring, Winter

**Topic** Education

**Region** Central, Western

**Program Contact**

Robin OHerin

**Phone** 4132432271

**Email** robin@robinoherin.com



## Bullying

Acme Teamwork will help shed some light on the different type of bullying and how it impacts young residents. Through activities games and role playing, Acme will help enlighten young residents of what bullying is and how to help deal with it.

**Program Type** Series

**Time** 3 Sessions, 1 hour

**Audience Size** 10 min - 30 max

**Language** English

**Audience** Adults, Families, Youth 7 -12

**Season** All Year

**Topic** Education

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Dennis Dow, Acme Teamwork

**Phone** 5084149963

**Email** dennisdow42@gmail.com

## Chair Massage 3 hour Series by Bodyography Wellness Center

Chair massage to provide relaxation, tension relief for participants.

*This program may be used only once per TAP member site.*

**Program Type** Series

**Time** 2 Sessions, 3 hours

**Audience Size** 12 min - 22 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Anne Gilbert, Bodyography Wellness Center

**Phone** 7816654005

**Email** info@bodyography.net

## Chair Massage 4 hour Series by Bodyography Wellness Center

Chair massage to provide relaxation, tension relief for participants.

*This program may be used only once per TAP member site.*

**Program Type** Series

**Time** 2 Sessions, 4 hours

**Audience Size** 12 min - 22 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Anne Gilbert, Bodyography Wellness Center

**Phone** 7816654005

**Email** info@bodyography.net

## Chair Massage Series by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss. Sign up sheets are provided for 10/15/20 minute slots.

*This program may be used only once per TAP member site.*

**Program Type** Series

**Time** 3 Sessions, 3 hours

**Audience Size** 6 min - 30 max

**Language** English

**Audience** Adults

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Pamela Chiasson, Restorative Touch Massage Studio

**Phone** 9788520270

**Email** pamela@rtmassagestudio.com

## Community Chair Massage Series by Anita Hudson

In this workshop, participants will experience a stress reducing massage while sitting in a chair specially designed for this purpose. According to Shulman and Jones of the Touch Research Institute, massage helps reduce anxiety and depression and other aches.

*This program may be used only once per TAP member site.*

**Program Type** Series

**Time** 2 Sessions, 2 hours

**Audience Size** 15 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Anita Hudson

**Phone** 9786971474

**Email** anjdayspa@gmail.com

## Computer Basics for Seniors and Computer Novices

The goal of this series is to help seniors or computer novices become comfortable with using computer programs and applications. Residents will learn to navigate the desktop, use the Internet, manage files and folders.

**Program Type** Series

**Time** 5 Sessions, 2 hours

**Audience Size** 5 min - 16 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Osayi Erhabor, Steadfast Solutions

**Phone** 6172514691

**Email** osayi@steadfastsolutionz.com

## Guided Sound Meditation - Series

Join us, and experience three unique meditative journeys! Immerse yourself in the power of healing sound. Enjoy soothing vocals, singing bowls, Celtic harp, and other instruments! Each month, you'll experience different meditations and learn new techniques through your breath, senses, and your mind's eye. Leave feeling refreshed, and deeply relaxed!

**Program Type** Series

**Time** 3 sessions, 1 hour each

**Audience Size** Maximum of 60

**Language** English

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Lydia Takenouchi-Erickson

**Phone** 7814678833

**Email** info@songofthetrees.com

## Internet Exploration, Emailing and Social Media

In this workshop, Senior residents will learn how to use e-mail, perform Internet research, listen and read current news, and shop safely. Participants will also be introduced to Social Media particularly Facebook. They will learn how to make connections with loved ones, share interests and join groups.

**Program Type** Series

**Time** 5 Sessions, 2 hours

**Audience Size** 4 min - 16 max

**Language** English

**Audience** Elderly/Disabled, Adults

**Season** All Year

**Topic** Education

**Region** Metro Boston, Boston

**Program Contact**

Osayi Erhabor, Steadfast Solutions

**Phone** 6172514691

**Email** osayi@steadfastsolutionz.com

## Less is More -Non-acquiring Workshop

This series is designed to help individuals with excessive clutter address their acquiring behaviors - the first step in assisting individuals with excessive clutter gain control of their behaviors and lives. Participants will build insight, learn to cope with uncomfortable emotions, practice new behaviors and create sustainable alternatives to acquiring.

Site is requested to have a large TV or other way of presenting a PowerPoint Presentation.

**Program Type** Series

**Time** 4 sessions, 1.5 hours each session

**Audience Size** 18 max

**Language** English

**Audience** Adults, Disabled, Elderly

**Season** All Year

**Topic** Wellness

**Region** Central, Metro Boston

**Program Contact**

Lynn Faust- ClearPath Program

**Phone** 508-658-0880

**Email** lynn@strongcommunity.org

## Magic Fred Show

This one-of-a-kind traveling show features amazing illusions and plenty of audience participation, all set to upbeat music for a fantastic experience. For indoor events, we provide a stunning professional backdrop that transforms your space into a mini theater experience.

**Program Type** Series

**Time** 1 hour

**Audience Size** n/a

**Language** English

**Audience** Elderly, Elderly/Disabled, Families, Youth

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Fred Carter

**Phone** 603-867-4093

**Email** fred@magicfredshow.com

## Resume Building and Job Search

In this workshop, participants will go through the process of job hunting. Residents will learn about Internet Employment Searches, Resume Creation, Writing Cover Letters, Interview Requests, and Interview Tips.

**Program Type** Series

**Time** 2 Sessions, 2 hours

**Audience Size** 4 min - 16 max

**Language** English

**Audience** Youth, Elderly /Disabled, Adults

**Season** All Year

**Topic** Education

**Region** Metro Boston, Boston

**Program Contact**

Osayi Erhabor, Steadfast Solutions

**Phone** 6172514691

**Email** osayi@steadfastsolutionz.com

## Savings & Cash Management Strategies

Participants learn to develop better spending and savings habits, and will set up a personalized monthly spending plan, identify and analyze where money is going, avoid common spending traps, develop a plan to live on less and enjoy life more, and uncover easy and creative ways to save.

**Program Type** Series

**Time** 2 Sessions, 1.5 hours

**Audience Size** 5 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Nicholas T. Josey, The Vincita Institute Inc.

**Phone** 6174874993 x 502

**Email** nicholas\_josey@vincita.org



## Songwriting/Recording Workshop

Did you ever want to write a song? How about writing a group song? Every group songwriting workshop is joy filled and inspiring. First week we write a song. Second week we perfect it. Third week we record on portable recording studio. Your song will be digitally available to download

**Program Type** Series

**Time** 3 sessions, 1.5 hours each

**Audience Size** 15 max

**Language** English

**Audience** All Adults, Elderly/Disabled, Youth

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Central, Metro Boston, Western

**Program Contact**

Robin Lane

**Phone** 413-475-2111

**Email** robinlanemail@gmail.com

## Understanding Google Applications

Participants will learn about various applications that are included in Google online suites. Some of these programs include: Google Shopping, Maps, Earth, Translate, Docs, Travel, etc. The goal is for residents to develop understanding of these programs and learn how it can help them in their daily lives.

**Program Type** Series

**Time** 5 Sessions, 2 hours

**Audience Size** 5 min - 16 max

**Language** English

**Audience** Adults, Elderly/Disabled, Youth

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Osayi Erhabor, Steadfast Solutions

**Phone** 6172514691

**Email** osayi@steadfastsolutionz.com

## Yoga For Beginners

Learn breathing techniques and poses through the practice of Hatha Yoga. Yoga for Beginners is ideal for students who are beginners and skill level 1. Hatha Yoga stretches your body, quiets your mind and refreshes your spirit. Yoga may improve flexibility, balance and de-stress the mind.

*This program may be used only once per TAP member site.*

**Program Type** Series

**Time** 4 Sessions, 1 hour

**Audience Size** 20 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Anita Hudson

**Phone** 9786971474

**Email** anjdayspa@gmail.com

## Single

### 1st Ventriloquist Lesson

Almost anyone can become a ventriloquist! This introductory course provides step-by-step instructions and reveals the secrets to this amazing and rewarding art form.

Bring one white sock to create your first puppet or bring any puppet you own.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled, Families

**Season** All Year

**Topic** Education

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Kevin Driscoll

**Phone** 617-901-6232

**Email** kevin@driscollproductions.com

## ¡Combo Sabroso!

¡Combo Sabroso! is a four-piece band that plays authentic, well-known covers of Salsa and Reggae music sung both in English and Spanish. Their repertoire includes dance music from Puerto Rico, Cuba and Jamaica performed enthusiastically by some of Boston's finest musicians.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Language** English, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Matt Jenson, ¡Combo Sabroso!

**Phone** 6178172619

**Email** mjenson@rcn.com

## A Family Cabaret

This comedy/music/movement revue is ideal for an intergenerational audience. It offers a fun look at daily rituals, wake-up to bedtime, from the perspective of all ages. Repertoire for this joyous romp is customized to suit whatever the occasion, season, or holiday.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences, Families

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jackson Gillman

**Phone** 508-322-0847

**Email** jxsong@comcast.net

## A Holiday Present - Multicultural Tales & Songs

Storytelling and songs warm our hearts and bring us together – all ages! These tales celebrate Thanksgiving, Christmas, Kwanzaa, Chanukah, Ramadan, Diwali, Solstice and the New Year. Mark Binder's audience-engaging program adjusts based on the age group – young or old. (This is not a religious program, but about the festivals.)

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** November-January

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Mark Binder

**Phone** 401-272-8707

**Email** mark@markbinder.com

## ART Chair Massage Wellness Workshop

Residents will embrace their creative spirit and create an art journal. This creative process encourages a calm mind and relaxation. With that same intention, participants will receive a 10 minute fully clothed chair massage to bring a deeper sense of relaxation to their day. Each component is 1.5 hours for a total session of 3 hours.

**Program Type** Single

**Time** 3 hours

**Audience Size** 6 min - 15 max

**Language** English

**Audience** All Adults

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Pamela Chiasson, Restorative Touch Massage Studio

**Phone** 9788520270

**Email** pamela@rtmassagestudio.com

## All Audiences Fun and Games

Everybody loves to play! It is good for our health and wellbeing! If it is young kids, teens or elderly, ACME will get them going! Fun and laughter for sure! We can adapt our presentation either inside or out and make it work with the space that you have.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 10 min, 30 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region**

Central, Southeast, Northeast, Metro Boston, Boston

**Program Contact**

Dennis Dow, Acme Teamwork

**Phone** 5084149963

**Email** dennisdow42@gmail.com

## All year round: customized programs for most holidays and special occasions

For 40 years, John has been spinning programs of story and song that tickle life's funny bone and touch the heart. He loves the challenge of weaving a little touch of magic and connection into holidays like Halloween, Thanksgiving, Saint Patrick's Day, Earth Day, Mother's/Father's Day and more.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

John Porcino

**Phone** 413-687-2602

**Email** john@johnporcino.com

## Along Memory Lane

A musical walk down memory lane from the '20's to the '60's. A live musical program with recorded piano accompaniment, along with a mistress of ceremony. Audience participation with sing-a-longs and fun props, yesteryear trivia with prizes awarded and a whole lot of fun! Perfect for seniors!

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Fran Baron, Delvena Theatre Company

**Phone** 7816628748

**Email** Frani02L76@aol.com

## Amazingly, Mae West!

Come meet the Amazing Mae West! Famous for her one-liners and double entendre, Mae will wow the audience with her comedy, singing (including sing-along with the audience). During the "Ask Mae" segment, audience members will have the opportunity to directly communicate with Mae.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Elderly/Disabled, Adults

**Season** All Year

**Topic** Arts & Culture

**Region** Northeast, Metro Boston, Boston

**Program Contact**

Fran Baron, Delvena Theatre Company

**Phone** 7816628748

**Email** Frani02L76@aol.com

## American Bandstand Tribute

Join our entertainer as he pays tribute to Dick Clark's legendary TV show, the American Bandstand. The show will feature a variety of artists who performed on the show in the 50's and 60's. You'll hear favorites from Frankie Avalon, the Everly Brothers, Chuck Berry, Bill Haley & the Comets, Sam Cooke, and many more.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Western, Central

**Program Contact**

David Colucci

**Phone** 4135940434

**Email** davidjcolucci@msn.com

## American Graffiti / Rock n' Roll Tribute to the 50's and 60's

Nostalgic about the music of the 50s and 60s? Enjoy a trip down Memory lane while singer Mark Stanzler sings and dances to the greatest ballads and most beloved songs from the fifties and sixties. This is an engaging show with interesting trivia about the music and entertainers that excited a generation.

**Program Type** Single

**Time** 1 hour

**Audience Size** 15-100 max

**Language** English

**Audience** Adults, Elderly/Disabled, Families

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Central, Metro Boston, Northeast

**Program Contact**

Mark Stanzler

**Phone** 6036236449

**Email** Markstanzler@comcast.net

## American Pop

Shake rattle and roll with Elvis, revisit Beatlemania, and sing-a-long with Buddy Holly, Sam Cooke and others. A duo of musicians on guitar, keyboard, and drums rock down Memory Lane singing the radio hits of the 50's, 60's and more. The music is punchy but never overpowering.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Audience Size** 10 min - 200 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Richard Mayer

**Phone** 8023803130

**Email** rjmayer48@comcast.net

## Apartment Living

Do you hate housework? Do you have too much stuff and not enough space? A professional will share her secrets of home management. Learn how to manage mail, bills, and other papers. You may have more leisure time, cleaner living quarters, and less stress.

**Program Type** Single

**Time** 3 hours

**Language** English, Russian

**Audience** All Audiences, Youth 15+

**Season** All Year

**Topic** Wellness

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Bruce Lawson, Bruce's Fun Company

**Phone** 9782107464

**Email** bruce@brucefun.com

## Archie K. Multicultural PowerJazz Extravaganza

The Kubota POWERJAZZ Unit brings a mix of music from around the world. Jazz, Blues, R&B, Latin, Gospel, Fusion, Motown, Rock'n'Roll, and World Beat. Audience participation can be presented according to each site's specific request and occasion. Great fun for dance party or just music appreciation.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Audience Size** 3 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Archie Kubota, Passion East Education

**Phone** 6179743387

**Email** PowerJazzPiano@gmail.com

## Around The World Puppet Show

A magical trip around the world with multi-cultural puppet tales. Audiences are treated to a wide diversity of puppets and puppetry styles with beautiful staging and original music. Some stories are interactive, all have positive messages!

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min - 300 max

**Language** English

**Audience** Elderly/Disabled, Families, Youth 2 -11 years

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jonathan Keezing, Caravan Puppets

**Phone** 4132561886

**Email** caravanpuppets@gmail.com

## Art Journaling and Mixed Media Techniques

Learn and experiment with mixed media techniques to work on your art: incorporating different materials, utilizing stencils, stamping, printing and more! Everyone is creative! Come and surprise yourself as you enjoy the process of creating! Art journaling has a lot of healthy benefits to offer you.

**Program Type** Single

**Time** 1.5 hours

**Audience Size** 15 Maximum

**Language** English, Spanish

**Audience** Adults, All Adults, Elderly, Families, Youth

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston

**Program Contact**

Marina Strauss

**Phone** 6174478462

**Email** straussmarina@gmail.com

## Art and Relaxation

Participants will learn and practice relaxation and mindfulness and then create some art using mindfulness skills. In our busy lives, taking time to be creative and rejuvenate will be a nice break for all participants.

**Program Type** Single

**Time** 1 hour

**Audience Size** 15 max

**Language** Spanish, English

**Audience** All Audiences (starting with Youth 9+)

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston

**Program Contact**

Marina Strauss

**Phone** 6174478462

**Email** straussmarina@gmail.com

## Artful Meditation: Silk Blooms and More

Silk Floral Arrangements is a fun, relaxing how to workshop for older adults and seniors. Participants use their hands, fingers, and wrists to cut, twist, manipulate flowers, and stems with decorative accessories in a music filled environment. Facilitator demonstrates an arrangement, leads participants in 5 minutes of hand/fingers coordination movement exercise, instructs participants to choose their vases and supplies. At the workshop's end, participants display their works in a circle. After completing circle, each participant takes home a floral arrangement.

**Program Type** [Single](#)

**Time** 2 hours 30 minutes

**Audience Size** minimum: 8 maximum: 12

**Language** English

**Audience** Adults

**Season** Fall, Spring, Summer

**Topic** Arts & Culture

**Region** Boston

**Program Contact**

Jan Gadson Louissaint

**Phone** 6173204762

**Email** [inyourwildestdream@msn.com](mailto:inyourwildestdream@msn.com)

## Arts and Crafts around the Year

Arts and Crafts for every season or holiday; or customized for your community. Halloween, Easter, snowflakes in the winter, red white and blue hats for the 4th of July, Mother's Day cards, wind chimes, shimmery creations, painted stones and tee-shirts are just a few possible creations. Everyone will create something and bring it home! Supplies will vary for each class.

**Program Type** [Single](#)

**Time** 2 hours

**Audience Size** Maximum 15

**Language** English

**Audience** All Audiences (starting with Youth 9+)

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Bruce Lawson, Bruce's Fun Company

**Phone** 9782107464

**Email** [bruce@brucefun.com](mailto:bruce@brucefun.com)

## Awareness Stretch

Residents will be gently guided to experience getting in touch with their muscles, breath and mind. This can create an opportunity for you to revitalize your relationship with your body. We will always work together in your comfort zone. This program is designed for everyone.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Joanne Salerno

**Phone** 3398322196

**Email** [llm@myabmp.com](mailto:llm@myabmp.com)

## Ba Ba Betta

A craft session all audiences can enjoy. This session begins with naming the Beta's and learning how to care for your new pet. Then the fun begins with creating a low maintenance mini aquarium. Residents will decorate a 6 inch Ivy glass bowl with paint, stones, marbles, seashell or gravel. Beta and food will be provided.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 20 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Metro Boston, Boston, Northeast, Southeast

**Program Contact**

Tabitha Jones, Tabba's Arts& Crafts

**Phone** 8572443080

**Email** [tabbas78@yahoo.com](mailto:tabbas78@yahoo.com)



## Basin Street Bash

Celebrate Mardi Gras anytime of the year by dancing to Cajun, Creole, Zydeco, Jazz and Blues Music in the great styles of New Orleans! From the Washboard to the Pickle; learn and hear how all these uniquely fascinating sounds create lively and diverse music that gets everyone moving and having fun!

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Elaina Vrattos Jacobs, Big Smile Entertainment

**Phone** 7818447225

**Email** elaina@bigsmileentertainment.com

## Beatles, Beatles, BEATLES!

Jonathan brings his guitar and voice for a celebration of rock's greatest band! The concert spans the Beatles history. Singing along is encouraged!

**Program Type** Single

**Time** 1 hour

**Audience Size** 2-300

**Language** English

**Audience** All Audiences

**Season** All Year

**Region** Statewide

**Program Contact**

Jonathan Keezing, Caravan Puppets

**Phone** 4132561886

**Email** caravanpuppets@gmail.com

## Big Joe the Storyteller's "A World of Stories"

A collection of multicultural tales from around the world. The tales are told with props, puppets, and audience participation, as well as Big Joe's dynamic storytelling style. The show is made for all ages and has something for everyone!

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Joseph Pagliuca

**Phone** 6177134349

**Email** bigjoe@bigjoe.com

## Big Kahuna Luau

The Big Kahuna hosts this Musical Interactive Tropical Luau Show that will turn any venue into an Island Paradise. Professional vocalists fill the air with Hawaiian, Tropical and Beach Music. Learn the Hula, enter the Hula and Limbo Contests and become Kahuna for the Day!

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Elaina Vrattos Jacobs, Big Smile Entertainment

**Phone** 7818447225

**Email** elaina@bigsmileentertainment.com

## Blue Skies Trio

The Blue Skies Trio plays the music you grew up with! Vocalist Maureen Benson sings songs from the 40's to the 60's ably accompanied by Michal Ball on bass and Ric Mauré at the keyboard. Listen or sing along with musicians singing and playing songs from Sinatra to the Drifters.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Ric Mauré

**Phone** 6175109141

**Email** theeightyeighth@gmail.com

## Boogie Down Ball

Boogie Down Ball is a 2 hour dance party complete with family-friendly DJ, lights, bubbles, line dance instruction, games, prizes, props, and of course MUSIC!

**Program Type** [Single](#)

**Time** 2 hours

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Stacy Smith, Pick a Party Place

**Phone** 7815882274

**Email** stacy@pickapartyplace.com

## Bottle Painting with Lights

Painting's not just for the canvas! Create custom wine bottles hand-painted by YOU! We'll provide the bottle and pre-drill holes for the lights. The lights are provided as well as all supplies needed. We bring ideas as well as samples. Use one of our designs or your own! Anything goes!

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Clare Donoghue, The Traveling Art Party

**Phone** 6178752790

**Email** travelingartparty@gmail.com

## Broadway Lady

Broadway Lady is a musical program that promotes camaraderie and participation as the audience members sing-a-long to familiar songs or sit back and listen to Andrea Lyman sing. Fun with show tunes, novelty songs and holiday songs while learning bits of history and stories leading to laughter and education.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Andrea Lyman

**Phone** 6177335259

**Email** andrealyman@mac.com

## Canvas Paint Party

Get ready for the most fun-filled paint party ever! Whether you're a pro with a brush or just looking to try something new, our upbeat, music-filled event is all about letting loose and having a blast. With an 11x14 canvas in hand and our awesome artist leading the way, you'll create your very own masterpiece, stroke by stroke. No pressure, just pure fun! Laugh, paint, and unwind as you unleash your creativity and make unforgettable memories. It's the perfect way to relax, have fun, and leave with a masterpiece you'll be proud of!

**Program Type** Single

**Time** 2.5 hours

**Audience Size** max 25

**Language** English, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Zulhay Garcia

**Phone** (617) 446-3835

**Email** productionsgarcia@gmail.com

## Canvas Painting for All

Join us for a few entertaining hours of canvas painting instruction. The best part is going home with a unique painting you can call yours and hopefully a new-found talent you'll want to explore. You will be painting a selected picture with step by step instructions. Canvas size varies depending on the painting.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** All Audiences, Youth 8+

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Clare Donoghue, The Traveling Art Party

**Phone** 6178752790

**Email** travelingartparty@gmail.com

## Caravan Puppets: Timeless Tales!

Caravan's "best of" show, TIMELESS TALES features a collection of some of our favorite world tales and original skits. Audiences are treated to a wide diversity of puppets and puppetry styles with beautiful staging and original music. Some stories are interactive, all have positive messages!

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min - 300 max

**Language** English

**Audience** Youth 2 -11 years

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jonathan Keezing, Caravan Puppets

**Phone** 4132561886

**Email** caravanpuppets@gmail.com

## Caribbean Party

The Beautiful Future Band will transport you to the Caribbean Islands for a relaxing festive party with new and familiar tropical island songs and games, featuring live musicians with fine singing and the delightful sounds of the steel drum.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Audience Size** 2 min - 500 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Kate O'Connor, A Beautiful Future

**Phone** 4135277430

## Caricatures by Alejandro

The program provides black and white and/or color portraits for participants. The humorous drawings are fun for all ages!

**Program Type** Single

**Time** 3 hours

**Language** English, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Metro Boston, Boston

**Program Contact**

Alejandro Yegros

**Phone** 8574453002

**Email** alejandro.yegros@gmail.com

## Celebration of Christmas

An enchanting holiday show, filled with Christmas sing-alongs, holiday traditions of other cultures and a fun holiday trivia contest with prizes awarded. Two actors in festive attire will bring props, recorded music, prizes and will delight the guests with lots of enjoyable audience participation.

**Program Type** Single

**Time** 1 hour

**Audience Size** 10-100

**Language** English

**Audience** Elderly/Disabled

**Season** December

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Fran Baron, Delvena Theatre Company

**Phone** 7816628748

**Email** Frani02L76@aol.com

## Chair Massage by Bodyography Wellness Center

Chair massage to provide relaxation and tension relief for participants.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 3 hours and 4 hour programs available

**Audience Size** 12 min - 22 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Anne Gilbert, Bodyography Wellness Center

**Phone** 7816654005

**Email** info@bodyography.net

## Chair Massage by Dierdre Davidson

Residents at your site enjoy benefits of fully-clothed chair massage combined with reiki and other modalities that promote relaxation. Massage has been known to relieve stress symptoms such as muscle tension and sleep loss. This program is wheelchair accessible. Congregate and appointment forum available.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 2 hours

**Audience Size** 30 max

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Dierdre Davidson

**Phone** 7815887522

**Email** simplysoothingsanctuary2@myabmp.com

## Chair Massage by Restorative Touch Massage Studio

Residents will enjoy a fully clothed chair massage on site. Massage is known to relieve stress symptoms such as muscle tension and sleep loss. Sign up sheets will be provided.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 3 hours

**Audience Size** 6 min - 30 max

**Language** English

**Audience** All Adults

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Pamela Chiasson, Restorative Touch Massage Studio

**Phone** 9788520270

**Email** pamela@rtmassagestudio.com

## Christmas with the Crooner

Allow professional singer Mark Stanzler to sing and dance as we go "dashing through the snow" capturing Holiday nostalgia through music. This musical journey strings together the best holiday classics made famous by many of our most hallowed entertainers from Bing Crosby to Elvis Presley and many more.

**Program Type** Single

**Time** 1 hour

**Audience Size** 15 min- 100 max

**Language** English

**Audience** Adults, Elderly/ Disabled, Families

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Central, Metro Boston, Northeast

**Program Contact**

Mark Stanzler

**Phone** 6036236449

**Email** Markstanzler@comcast.net

## Cinderella or Jack? - Storytelling for all ages

Classic stories and original tales plus songs with a new "spin." Adventures with wolves, monsters, talking rabbits? Younger or older, children and adults – Mark Binder's interactive programs adapt to the ages of the audience in the room. The room fills with laughter and everyone gets involved in the story.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Mark Binder

**Phone** 401-272-8707

**Email** mark@markbinder.com

## Circle the World: A Musical Journey

Have harp, will travel! Join Lydia for a soulful sampler of music and poetry, including songs and instruments from around the world as well as original compositions. Each performance will be unique and may also include Irish fiddle tunes, Zimbabwean mbira, and other surprises.

**Program Type** Single

**Time** 1 hour

**Audience Size** Maximum of 60

**Language** English

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Lydia Takenouchi-Erickson

**Phone** 7814678833

**Email** info@songofthetrees.com

## Classic Country

A duo of musicians will relive the golden years of country music with songs by Hank Williams, Johnny Cash, Merle Haggard, Buck Owens, Patsy Cline and more, delivered with a fun and spirited performance.

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 10 min - 200 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Richard Mayer

**Phone** 8023803130

**Email** rjmayer48@comcast.net

## Classic Songs

Great songs to warm the heart and get your feet tapping! Jonathan can customize your program with songs from his huge collection which includes music from the 1930's through the 2020's! Performing on guitar and voice, Jonathan, a graduate of Berklee College Of Music, has graced hundreds of stages and played with some of New England's finest musicians! Programs are available for adults, elders and children.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 5 min - 300 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jonathan Keezing, Caravan Puppets

**Phone** 4132561886

**Email** caravanpuppets@gmail.com

## Climate Healing Celebration

A Beautiful Future Band presents an engaging musical and educational program featuring original songs which will share hopeful and good news about how to heal and reverse climate change. Colorful, illustrative slides are available as space allows.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 2 min - 500 max

**Language** English

**Audience** Adults, Families, Youth

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Kate O'Connor, A Beautiful Future

**Phone** 4135277430

## Comedy Magic Show

Magic by George's fun-filled show will keep your audience on the edge of their seats. With lots of audience participation and lighthearted humor, everyone will leave wanting more. For young and old alike. Great Show! Great fun! Shows tailored to fit age group.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Adults, Families

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

George Sateriale, Magic By George

**Phone** 9789375900

**Email** gsateriale@hotmail.com



## Come meet Julia Child!

A live performance which features a unique glimpse into the life of the beloved chef, Julia Child. "Julia" will provide a demonstration of her culinary skills in her usual style -wowing the audience - with lots of laughs, audience participation and fun for all!

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 10-100

**Language** English

**Audience** Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Fran Baron, Delvena Theatre Company

**Phone** 7816628748

**Email** Frani02L76@aol.com

## Country Music Tribute Show

Do your residents love country music? If the answer is yes, this is the show for your site! Residents can sit back, relax and enjoy the show as Ron and Mary sing songs from Alabama, Bonnie Raitt, Willie Nelson, Brooks & Dunn, Toby Keith, George Strait, Tim McGraw, Taylor Swift, Allison Kraus and many more.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** April - December

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Southeast

**Program Contact**

Ron Larrivee, Cape & Islands Entertainment

**Phone** 5082740388

**Email** RONL1946@aol.com

## Crooners & Rockers

Residents will reminisce and take a stroll down memory lane with Ron and Mary as they sing hits by Bennett, Sinatra, Darin through Billy Joel, Mellencamp, Springsteen, Neil Diamond, and more! Audience participation is encouraged!

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** April - December

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Southeast

**Program Contact**

Ron Larrivee, Cape & Islands Entertainment

**Phone** 5082740388

**Email** RONL1946@aol.com

## Custom Design T-Shirt

Ever wanted to design your own T-shirt with Logo? Design your own personalize premium T-shirt with decals, stencils, fabric paint and vinyl. This design will be a one of a kind T-shirt you can wear.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 15 max

**Language** English

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston

**Program Contact**

Tabitha Jones, Tabba's Arts& Crafts

**Phone** 8572443080

**Email** tabbas78@yahoo.com

## Dancing & Healing: Let's Play Taiko Drums!

Power up with dance steps! You'll enjoy Japanese Taiko drumming and dancing! Healing music of the world beat with a simple movements. You'll learn how to move, include "Obon festival dance" and how to drum with international demonstrator(s). Let's have exciting and happy moments together!

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 3 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Archie Kubota, Passion East Education

**Phone** 6179743387

**Email** PowerJazzPiano@gmail.com

## Day of Health

We will educate the youth on our three pillars: eating healthy, mental health, and physical health. We will introduce them with fun, interactive, and playful activities. The goal is to provide children with the important life tips and tricks that were not privy to us until adulthood.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 10 minimum-30 maximum

**Language** English

**Audience** Youth

**Season** All Year

**Topic** Wellness

**Region** Central, Metro Boston, Northeast

**Program Contact**

Nana Danso

**Phone** 508-688-0392

**Email** choplifeboyz@gmail.com

## Declutter - Destress! Practical decluttering skills

Learn, laugh, and get ready to reduce clutter! In an hour, we will learn and discuss excessive clutter and learn how it can affect our well-being. What can we do to keep our clutter in check? How can we downsize? What helps to reduce excessive items in our home?

Requested for site to have a large TV or other way to present a PowerPoint Presentation.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** max 25

**Language** English

**Audience** Adults, Disabled, Elderly

**Season** All Year

**Topic** Wellness

**Region** Boston, Central, Metro Boston

**Program Contact**

Lynn Faust- ClearPath Program

**Phone** 508-658-0880

**Email** lynn@strongcommunity.org

## Diamond Family Circus

Diamond Family Circus' professional performer—educator will entertain and amaze with demonstrations of skill, then help YOU learn safe, fun skills to put on your own circus show! Circus arts have something for everyone and activities are adaptable to any age, ability, and space!

**Program Type** [Single](#)

**Time** 1 hour and 30 minutes

**Language** English, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Marci Diamond

**Phone** 781-710-3314

**Email** Marci.diamond@verizon.net

## Drum Creatively

This interactive drumming circle encourages participants to experience the freedom of self expression that creative drumming can create. Gathered residents have the opportunity to feel this powerful and uplifting energy. All instruments are supplied; each person can choose which they would like to experience. Drum till your hearts' content.

**Program Type** Single

**Time** 1 hour 30 minutes

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Dierdre Davidson

**Phone** 7815887522

**Email** simplysoothing sanctuary2@myabmp.com

## Easy Yoga

This program is for anyone who has wondered what yoga is and how it works. Movements are done sitting on a chair or using the chair for balance, and are appropriate for all body types. Yoga helps improve breathing, mobility and can ease everyday aches and pains.

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Elderly/Disabled, Adults

**Season** All Year

**Topic** Wellness

**Region** Western, Central

**Program Contact**

Lisa Enzer

**Phone** 413-800-4337

**Email** lisa.enzer@gmail.com

## Emerald Isle

Sing along with Kate from the Beautiful Future Band as she and other band members perform favorite Irish songs evoking the beauty, delightful people, and a bit of Blarney from the Emerald Isle.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Audience Size** 2 min - 500 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Kate O'Connor, A Beautiful Future

**Phone** 4135277430

## Explore with Collage Adults

This collage process promotes personal and interpersonal development using pictures only. Finished work nurture inner messages, taking on new meaning as life itself evolves. This process may facilitate the revelation of self, establishing renewed commitment and awareness.

**Program Type** Single

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Debra Bunszel, Soul Creations

**Phone** 7817891113

**Email** soulcreationcards@gmail.com

## Exploring China: The "Middle Kingdom" Through Music & Story

From the grasslands of Mongolia to the high mountain of Yunnan, master musician Shaw Pong Liu takes audiences on a musical journey through historical and contemporary China. Her suitcase is packed with languages and musical instruments, Shaw Pong weaves history, geography, the Mandarin language and Chinese folk music in a dynamic exploration of China.

**Program Type** Single

**Time** 1 hour

**Audience Size** 300 Maximum

**Language** English, Mandarin Chinese

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Young Audiences of Massachusetts (YAMA)

**Email** scheduling@yamass.org

## Family Fun With Songs & Storytelling

Kids and parents can enjoy joining in on lively sing-alongs (many with movement) and captivating tales, accompanied by guitar, mountain dulcimer, mouth bow and limberjack (a dancing wooden rhythm puppet). A gifted folksinger and storyteller, Tim's warmth, humor and dynamic talent make for high-spirited fun!

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Tim Van Egmond, Folksinger & Storyteller

**Phone** 4132215156

**Email** tim@timvanegmond.com

## Fun with Collage Kids+

From 100's of pre-cut pictures to choose attendees can complete many projects or just one today. Finished collages encourage personal and interpersonal development. This process nurtures creative and unexpected awareness. Children and/or inter-generational.

**Program Type** Single

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Youth 5 - 17

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Debra Bunszel, Soul Creations

**Phone** 7817891113

**Email** soulcreationcards@gmail.com

## Glassware Painting

Painting's not just for the canvas! Create your own custom wine glass, hand-painted by YOU! We'll provide the glass and all the art materials. We bring ideas as well as samples. Use one of ours or your own designs! Anything goes!

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 2 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Adults, Disabled, Elderly

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Clare Donoghue, The Traveling Art Party

**Phone** 6178752790

**Email** travelingartparty@gmail.com

## Going to Mardi Gras

Jim brings the feeling of Mardi Gras whenever he performs this show! "Going to the Mardi Gras" features the music of some of the great New Orleans Performers including Fats Domino, Louis Armstrong, Louis Prima, John Boutte, Dr. John, & Harry Connick Jr.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jim Porcella

**Phone** 6172334751

**Email** jimporcella@gmail.com

## Got Conflict? Deal with Conflict Effectively: Tools for Your Toolbox

An interactive workshop to help residents improve their skills at dealing with conflict and move towards building a positive community. The training covers: understanding different conflict styles, dispelling conflict myths, examining how conflicts escalate, identifying strategies for de-escalation, prevention and resolution.

**Program Type** Single

**Time** 2 hours

**Audience Size** 8 min - 25 max

**Language** English, Mandarin Chinese, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Pedro Spivakovsky-Gonzalez, Community Dispute Settlement Center

**Phone** 617-876-5376

**Email** Pedro@communitydispute.org

## Grand Ole Opry Tribute

Join Dave Colucci as he pays tribute to the greatest country singers such as Kenny Rogers, Johnny Cash, Willie Nelson, Glenn Campbell, Conway Twitty and many more. So get ready to go on the road again for a fun time of singing, dancing and toe-tapping as we pay tribute to the singers of The Grand Ole Opry!

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Western, Central

**Program Contact**

David Colucci

**Phone** 4135940434

**Email** davidjcolucci@msn.com

## Graphic Novel Adventure- Planeta Blu

After Lares, her brother Angel, and their friends gain magical abilities, they stumble upon a looming war. The animal kingdom is ramping up to save the earth, "Planeta Blu" by taking on the global climate crisis and fighting pollution at the source. One billionaire oil tycoon has sinister machinations at work, but the globe's animals and a young team of humans will need to work together if they want to have any chance at saving our world!

Participants will meet the critically acclaimed published author and Hip-Hop artist Tem Blessed to learn about the process of creating this 252-page graphic novel comic. Participants will take part, as readers, in a fun, live reading of this colorful and exciting Sci-Fi - Fantasy graphic novel published by Dark Horse Comics - Avatar the Last Airbender. Diverse characters populate this story. Perfect for ages 7 years old and up.

**Program Type** Single

**Time** 1 hour

**Audience Size** 2 min

**Language** English

**Audience** Youth

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Temistocles Ferreira, Tem Blessed

**Phone** 5088589261

**Email** temblessed@gmail.com

## Guided Sound Meditation

This is a unique program employing music, song and story to guide you to a peaceful state of relaxation, and lead you down a path of mindfulness and meditation. Explore breath awareness, visualization and therapeutic sound with and transformational breath work inspired elements.

**Program Type** Single

**Time** 1.3 hours

**Audience Size** Maximum of 60

**Language** English

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Lydia Takenouchi-Erickson

**Phone** 7814678833

**Email** info@songofthetrees.com

## Hats Off To America

Singer/songwriter/actress Carol Pedigree McConnell performs a participatory historical, musical comedy. Exciting, stimulating and interactive, this show captures the years from the turn of the century through the 20's, 30's, 40s and 50's. Carol has a unique collection of vintage hats, gowns, and parasols that enhance this very entertaining experience.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** Fall, Spring, Summer

**Topic** Arts & Culture

**Region** Western

**Program Contact**

Carol Pedigree McConnell

**Phone** 4138344930

**Email** pedigreebreathsong88@gmail.com

## Hats Off To Seniors

Residents can enjoy this one-hour concert of heartwarming songs and stories saluting older folks and people with disabilities. Tim's warm, high-spirited humor and captivating talent will get residents tapping their toes and singing along as he plays guitar, mountain and hammered dulcimers, and limberjack.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Tim Van Egmond, Folksinger & Storyteller

**Phone** 4132215156

**Email** tim@timvanegmond.com

## Hip Hop Performance

Blest Energy, a conscientious Hip Hop group, creates an original and organic expression of Hip Hop culture. Blest Energy, always establishes a positive party atmosphere while dazzling the audience with their turntable wizardry and music-playing it as it was intended to be played: exciting, positive and highly interactive.

**Program Type** Single

**Time** 1 hour

**Audience Size** 2 min

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Temistocles Ferreira, Tem Blessed

**Phone** 5088589261

**Email** temblessed@gmail.com



## Hip Hop Workshop — Who is Hip-Hop? I am Hip Hop!

Blest Energy use Hip Hop as a tool to engage participants in meaningful discussions about issues of racism, sexism, personal responsibility and classism. The objective is to break down the stereotypes associated with Hip Hop culture and to present the positive side of genre that is seldom portrayed in the media.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Audience Size** 2 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Temistocles Ferreira, Tem Blessed

**Phone** 5088589261

**Email** temblessed@gmail.com

## Holiday Musical Celebration for Seniors

Celebrate the joys of the holiday season with these participatory concert with lots of holiday songs, both to sing and enjoy!

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Elderly/Disabled

**Season** December

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Robin OHerin

**Phone** 4132432271

**Email** robin@robinoherin.com

## Holiday Puppet Show

Have fun celebrating the season with puppets, songs and audience participation. Hear how the princess cooks her holiday meal, how the snowman lost his hat and how Mr. and Mrs. Clause learn about other holiday traditions and are welcomed by a stranger. Fun for the whole family.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Youth, Families

**Season** Winter

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Charlotte Anne Dore, Rosalita'92s Puppets

**Phone** 6176332832

**Email** rosalitaspuppets@aol.com

## Howdy Pilgrim

Fully costumed, our professional vocalists perform traditional Thanksgiving songs and present facts and stories about our first Thanksgiving and our traditions throughout. This performance is interactive and engaging; ending with a fun quiz with themed prizes. Beautiful, fun and informative.

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** November

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Elaina Vrattos Jacobs, Big Smile Entertainment

**Phone** 7818447225

**Email** elaina@bigsmileentertainment.com

## Jack Frost Winter Wonderland Show

Jack Frost along with Suzy Snow Flake and The Snow Queen pay tribute to all the wonderful things that make winter special. This fun filled interactive, musical variety show celebrates all the winter holidays: Hanukkah, Christmas, Kwanza and New Year's through History, Costumes, Music and Interactive Fun!

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** Winter

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Elaina Vratos Jacobs, Big Smile Entertainment

**Phone** 7818447225

**Email** elaina@bigsmileentertainment.com

## Johnny Pizzi Magic Show

Johnny Pizzi is the one of the premier magicians in New England and the East coast. He is an amazing Magic performer and specializes in close-up, stage magic and Mentalism. Johnny performs regularly at venues across the region.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 100 max

**Language** English

**Audience** Adults, Elderly

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Todd Civin, LOL Entertainment

**Phone** 978-502-1453

**Email** lolentertainmentgroup1@gmail.com

## Kathaka: Dancing Rhythm and Stories of India

The ancient art of Kathak is one of the eight forms of classical Indian dance. Its name comes from the Sanskrit word for "story." Kathak dancers use swift and precise footwork and graceful gestures to tell traditional Indian stories. Through movement, music and math, Kathakas perform "Kathak Yoga" – a technique which unifies the recitation of taal (rhythm), the singing of a melody and the dancing of complex footwork and rapid spins. Participants will learn to count out complex poly-rhythms to help the dancer keep time and a few volunteers may learn some basic Indian dance steps.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 300 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Young Audiences of Massachusetts (YAMA)

**Email** scheduling@yamass.org

## Keep Your Balance

As we age, the risk of falls increases. Easy enjoyable movements, done while seated or standing, that exercise the feedback loop between the body, senses, and brain help improve balance. Fun to do strengthening, eye-hand coordination games, and self-managed stretching are accessible for all. Props, and handout provided.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Elderly/Disabled, Adults

**Season** All Year

**Topic** Wellness

**Region** Western, Central

**Program Contact**

Lisa Enzer

**Phone** 413-800-4337

**Email** lisa.enzer@gmail.com

## Kitchen Top to Bottom

Struggle to come up with a meal every night? Refrigerator a mess? Never able to find the right-sized pot? This course will teach you how to get your kitchen and cooking under control. You'll learn quick and easy ways to prepare your meals and how to make them different every time.

**Program Type** [Single](#)

**Time** 3 hours

**Language** Russian, English

**Audience** Youth 15+, Families, Elderly/Disabled, Adults

**Season** All Year

**Topic** Education

**Region**

Central, Southeast, Northeast, Metro Boston, Boston

**Program Contact**

Bruce Lawson, Bruce's Fun Company

**Phone** 9782107464

**Email** [bruce@brucefun.com](mailto:bruce@brucefun.com)

## Ladies Sing the Blues

This musical program explores the lives and songs of women performing the blues from the early 20's to the present day.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Central, Northeast, Western

**Program Contact**

Robin OHerin

**Phone** 4132432271

**Email** [robin@robinoherin.com](mailto:robin@robinoherin.com)

## Marcus Santos: Bucket Drumming Workshops

By learning bucket drumming, a musical form from the streets, participants will discover that exciting rhythms and beats can be made on any surface. Using drum sticks on plastic buckets, participants will learn the fundamentals of ensemble drumming and will practice performing polyrhythms.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 25 max

**Language** English, Portuguese

**Audience** Adults, Families, Youth 6 - 18

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Young Audiences of Massachusetts (YAMA)

**Email** [scheduling@yamass.org](mailto:scheduling@yamass.org)

## May the 4th Be With You: "Space Warrior" Training

*May the 4th Be With You* provides "Warrior" Breath, Mindfulness, & Movement Training, any time of year, with our costumed "Space General," the professional stage combat choreographer and certified Tai Chi & Mediation teacher, J.T. Turner, who even shares how to use his safe-for-play "laser light swords." Fun for fans of epic movies, from youth to elders, as well as anyone who wants to better self-regulate the powerful force within them, and use it for good! Adaptable for any ability.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 24 maximum

**Language** English

**Audience** All Audiences

**Season** All Year

**Region** Statewide

**Program Contact**

J.T. Turner, The Actors Company Contact Marci Diamond for scheduling

**Phone** 7817103314

**Email** [theactorscompany1@gmail.com](mailto:theactorscompany1@gmail.com)

## Mesa Farm Horsemanship One Day Program

A youth program consisting of a visit to Mesa Farm in Rutland, MA to have horse-related experiences and learn about agriculture and farm life. Participants will have several hands-on opportunities including riding a horse.

**Program Type** [Single](#)

**Time** 3 hours

**Audience Size** 5 min - 20 max

**Language** English

**Audience** Youth 6 - 18

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Dale Perkins, Mesa Farm

**Phone** 5088866898

**Email** dale.mesafarm@gmail.com

## Mindful Journaling & Sketching: A Process of Discovery

Mindfulness can reduce stress, improve our overall well-being, and help us view our thoughts and actions in a different light. In this session, we'll use meditation and prompts to open our awareness, then sketch, draw or write about what comes up for each of us.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Southeast

**Program Contact**

Peter Cormier

**Phone** (978) 855-8160

**Email** pete@theawareness.org

## Music Journey—Songs Around the World

Let's take a journey with songs from around the world. Departing from New York, we'll fly to Mexico, Cuba, Africa, Italy, Spain, Ireland, Poland, ride camels on the Silk Road to Russia, China, take a bullet train in Japan, and return to Logan Airport. Archie will sing in English, Spanish, Russian, and Japanese.

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 3 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Archie Kubota, Passion East Education

**Phone** 6179743387

**Email** PowerJazzPiano@gmail.com

## Music Through the Ages

A one hour presentation by vocalist Jim Porcella featuring music from the 40's through the 70's including Jazz, swing Motown and pop and songs by Glen Miller, Nat King Cole, Chuck Berry, The Marcellas, Five Satin, The Beatles, The Temptations, Bobby Darin, Billy Joel, Steve Wonder, Frank Sinatra, and more.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jim Porcella

**Phone** 6172334751

**Email** jimporcella@gmail.com

## Musical Concert Featuring Philip Alexander

Musician Philip Alexander presents an exciting concert, featuring hits from the Beatles to Broadway and beyond. Beautiful guitar, ukulele, harmonica, percussion. Perfect for all residences, community events, older adults, family housing, and youth. Audiences love to sing, play & dance along! Customizable for themes, holidays, age and group size etc.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Philip Alexander

**Phone** 617-818-0346

**Email** Philip@singplaygrow.com

## Name That Tune

Participants will listen to a great variety of music. They will be asked to "Name That Tune" and "Who Sang The Song." The vocals are live and the music is exactly the way it was recorded.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 7 min - 200 max

**Language** English

**Audience** Elderly/Disabled, Adults

**Season** Winter, Fall, Spring

**Topic** Arts & Culture

**Region** Central, Northeast, Metro Boston, Boston

**Program Contact**

Peter O'Malley

**Phone** 6178222292

**Email** Petrmagic@aol.com

## Paint in the city / Konpa n Paint

Konpa is a popular form of jazz-based dance music that originated in Haiti during the mid-twentieth century. Let's have some fun. Join us for a unique paint party with a twist and musical experience. In this program, enjoy "Konpa n Paint" or choose a culture or theme and embrace the creative side as we dance, enjoy good people, and of course paint! Paintings can be pre-drawn or not. Fun for all ages.

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 3 hours

**Audience Size** max 25

**Language** English, Haitian Creole

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Noldy Dupoux Innocent

**Phone** 774-251-4241

**Email** Info@konpanpaint.com

## Personalize and Design an Item for Home!

Facilitator will demonstrate step by step how to apply decals made out of permanent/removable vinyl cut with the Cricut machine. At the end of the workshop, every participant will have the opportunity to decorate an item of their preference to take home. Items to personalize include a mug, plate, canvas, vase, sugar/coffee container, etc.

*This program may be used only once per TAP member site.*

**Program Type** [Single](#)

**Time** 2 hours

**Audience Size** 15 Max

**Language** English, Spanish

**Audience** Adults, Disabled, Elderly, Families, Youth 15+

**Season** All Year

**Region** Boston, Metro Boston

**Program Contact**

Soraya Dume

**Phone** 617-407-3574

**Email** ljdumedesigns@gmail.com

## Peter Magic Show

Whether performing at holiday events or special occasions, Peter Magic is a barrel of laughs. He captures young audiences with multi-talented splendor of magic, comedy and song. His performance includes mystifying magical illusions, lots of audience participation and of course a million laughs.

**Program Type** Single

**Time** 1 hour

**Audience Size** 7 min - 200 max

**Language** English

**Audience** Youth, Families

**Season** Winter, Spring, Fall

**Topic** Arts & Culture

**Region** Central, Northeast, Metro Boston, Boston

**Program Contact**

Peter O'Malley

**Phone** 6178222292

**Email** Petrmagic@aol.com

## Powerfully Peaceful

Participants will be taken on a guided, interactive meditative journey. Both adults and kids can explore breathing techniques and practical tools to relax and deal with stress. Tem Blessed will provide a brief history and philosophy on meditation practices and their many benefits to stay calm and balanced.

**Program Type** Single

**Time** 1 hour

**Audience Size** 2 min

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

Temistocles Ferreira, Tem Blessed

**Phone** 5088589261

**Email** temblessed@gmail.com

## Puff Puff Pillow

Residents can create their very own personal pillow. To begin, a 4x6 digital picture is taken and printed on site to insert in the front of pillow. The pillowcase will be decorated with iron-on decals, fabric paints, rhinestones and so much more. Let your imagination flow.

**Program Type** Single

**Time** 1 hour 30 minutes

**Audience Size** 20 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Metro Boston, Boston, Northeast, Southeast

**Program Contact**

Tabitha Jones, Tabba's Arts & Crafts

**Phone** 8572443080

**Email** tabbas78@yahoo.com

## Puppets from my Childhood

Puppets evoke memories of childhood. We bring vintage and handcrafted puppets from around the world and a share a little history, then demonstrate various puppets using fun skits and music. This can include hands on opportunities with audience members. This program is designed to spark memories, discussion, and joy.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** Adults, Disabled, Elderly

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Charlotte Anne Dore, Rosalita'92s Puppets

**Phone** 6176332832

**Email** rosalitaspuppets@aol.com

## Recovery: An Exploration of Youth Mental Health

Youth Underground performs original plays that investigate social issues relevant to young people. "Recovery" is drawn from interviews with YU teens and members of their community, exploring the theme of youth mental health. "Recovery" considers questions like, "Why do we only address mental health when there's a crisis?", "Why do adults often seem dismissive or unprepared for youth mental health challenges?" Program runs 40-60 minutes, including a Q&A with the performers.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** Youth 13+

**Season** Fall, Spring, Winter

**Topic** Education

**Region** Boston, Central, Metro Boston

**Program Contact**

Kortney Adams, Central Square Theater's Youth Underground

**Phone** 6173074257

**Email** kaa@centralsquaretheater.org

## Reflexology 123

Reflexology 123 is a hands-on informative program that teaches methods of reflexology, builds knowledge and practice in meditation and journaling methods for relaxation and rejuvenation. Reflexology for hands and feet, a soothing touch that affects the whole body, promotes overall health and is used as complementary care for people with a variety of conditions.

**Program Type** Single

**Time** 2 hours

**Audience Size** 30 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Region** Statewide

**Program Contact**

Debra Bunszel, Soul Creations

**Phone** 7817891113

**Email** soulcreationcards@gmail.com

## Reiki & Meditation

During this interactive program residents are guided through gentle mediation while being in a Reiki circle. Seated residents learn simple techniques to incorporate in their daily routine, raising awareness and the importance of self-care. Quiet music completes the experience.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour 30 minutes

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast, Southeast

**Program Contact**

Joanne Salerno

**Phone** 3398322196

**Email** llm@myabmp.com

## Relaxation Chair Massage by Joanne Salerno

In this interactive program residents experience chair massage, reiki, or reflexology. To enhance the environment, calming music is provided promoting a relaxed state of mind. Everyone is welcome to come, even just to enjoy the quiet atmosphere. This program is wheelchair accessible. Residents remain fully clothed.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 2 hours

**Audience Size** 28 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Joanne Salerno

**Phone** 3398322196

**Email** llm@myabmp.com



## Reptiles Rock

See and touch lizards, snakes, turtles or hang out with a snake. Come and learn about rainforest reptiles and the ways they interact with their ecosystem. Enjoy the rainforest reptile miniature zoo as well, and learn about different types of living reptiles, amphibians and bugs from all over the world. One experience you'll never "frog-et."

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Education

**Region** Statewide

**Program Contact**

Joan Gallagher

**Phone** 9789225107

**Email** reptileman@rainforestreptileshows.com

## Rich Kringle Santa Claus Appearance

Rich Kringle is the region's foremost Santa and brings his big belly, his red suit and his jolly personality around the state to entertain audiences of all ages. Available for holiday photo sessions. There is no better Santa this side of the North Pole. Guaranteed to brighten the holidays for all.

**Program Type** Single

**Time** 2 hours

**Audience Size** 100 max

**Language** English

**Audience** All Audiences

**Season** November-December

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Todd Civin, LOL Entertainment

**Phone** 978-502-1453

**Email** lolentertainmentgroup1@gmail.com

## Savings & Cash Management Strategies

Participants learn to develop better spending and savings habits. Participants will set up a personalized monthly spending plan, identify and analyze where money is going, avoid common spending traps, develop a plan to live on less and enjoy life more, and, finally, uncover easy and creative ways to save.

**Program Type** Single

**Time** 1 hour 30 minutes

**Audience Size** 5 min

**Language** English

**Audience** Adults, Elderly/Disabled, Families

**Season** All Year

**Topic** Education

**Region** Boston, Metro Boston

**Program Contact**

Nicholas T. Josey, The Vincita Institute Inc.

**Phone** 6174874993 x 502

**Email** nicholas\_josey@vincita.org

## Seasonal Stories from Around the World

Professional, award winning Actor and Storyteller J.T. Turner shares engaging stories from around the world to delight all ages. Program can be tailored for the season, such as traditional ghost stories and global winter tales, as well as for specific populations, such as children and the elderly.

**Program Type** Single

**Time** 1 hour

**Language** English

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

J.T. Turner, The Actors Company Contact Marci Diamond for scheduling

**Phone** 7817103314

**Email** theactorscompany1@gmail.com

## Self-Healing Sampler

Sample this interactive program to experience and learn simple ways to promote self-healing with a variety of modalities including massage, reiki, reflexology, gentle yoga, laughter and meditation. The participants will experience and learn how to incorporate these modalities into their daily lives.

**Program Type** Single

**Time** 1 hour 30 minutes

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Wellness

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Dierdre Davidson

**Phone** 7815887522

**Email** simplysoothingsanctuary2@myabmp.com

## Silk Blooms & Artful Crafts

This interactive program will focus on tactile art activities, using paper, visual art crafts (such as decorative papers, paints, markers, scissors) to create collages, cards, posters, multimedia canvas and journals.

**Program Type** Single

**Time** 2 hours 30 minutes

**Audience Size** minimum: 8 maximum: 12

**Language** English

**Audience** Adults

**Season** Fall, Spring, Summer

**Topic** Arts & Culture

**Region** Boston

**Program Contact**

Jan Gadson Louissaint

**Phone** 6173204762

**Email** inyourwildestdream@msn.com

## Sing, Play, and Meditate

Delight in the therapeutic power of sound as we embark on a journey of self-healing and tranquility. Engage in rhythmic exploration with drums, synchronizing with others to cultivate teamwork and unity through music. Discover the art of creating serene tunes, enhancing the healing properties of sound. Guided meditation techniques will teach you to quiet the mind, tune out distractions, and release life's triggers, fostering inner peace and serenity. Immerse yourself in this unique fusion of melody and mindfulness and embark on a path of holistic well-being and self-discovery.

**Program Type** Single

**Time** 2 hours

**Audience Size** max 30

**Language** English, Spanish

**Audience** All Audiences (Starting at youth 12+)

**Season** All Year

**Topic** Wellness

**Region** Boston, Metro Boston, Northeast

**Program Contact**

Zulhay Garcia

**Phone** (617) 446-3835

**Email** productionsgarcia@gmail.com

## Sing-Along with Philip, Family & Friends

A musical treat! Subject to availability & preference, Philip, Family and Friends All-Stars may feature wife Joanna & daughter Sophia— amazing singers! - cousins Tony and Laura— Grammy nominated guitarist & fiddler! - and/or more talented musical friends, for a concert or sing-along with lovely harmonies and sparkling solos. (includes Philip + two)

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Philip Alexander

**Phone** 617-818-0346

**Email** Philip@singplaygrow.com

## Sizzling Reptiles

Ever wonder why alligators don't live in the desert? In this exciting program residents will learn about deserts—from the coldest to the hottest—as well as the reptiles and amphibians that live in some of the harshest conditions in the world.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Education

**Region** Statewide

**Program Contact**

Joan Gallagher

**Phone** 9789225107

**Email** reptileman@rainforestreptileshows.com

## Social Enterprise Workshop

We will educate the youth on important factors of starting a business, including establishing the importance of your “Why” and the different challenges that can arise. This will be an interactive session allowing the kids to come up with different ideas and brainstorm on different ways of growth.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 10 minimum-30 maximum

**Language** English

**Audience** Youth

**Season** All Year

**Topic** Education

**Region** Central, Metro Boston, Northeast

**Program Contact**

Nana Danso

**Phone** 508-688-0392

**Email** choplifeboyz@gmail.com

## Songs and Tales for the Season and the Day

Residents can celebrate any holiday or season with a heartwarming program of lively songs and captivating stories, tailor-made for the occasion. Through the four seasons, from Valentine's Day to New Year's Eve, we'll toast the time accompanied by guitar, mountain and hammered dulcimers, and limberjack.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Tim Van Egmond, Folksinger & Storyteller

**Phone** 4132215156

**Email** tim@timvanegmond.com

## Songs for Seniors from the Past 70 Years

A program geared to senior participation with Robin Oherin. Equipped with a guitar, resonator guitar and ukulele, Robin covers a broad range of songs from blues to pop and folk, all of them very singable.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region** Central, Northeast, Southeast, Western

**Program Contact**

Robin OHerin

**Phone** 4132432271

**Email** robin@robinoherin.com

## Stained Glass Mosaic Mirrors

Stained Glass pieces are provided and glued to a surface that has been prepared so that the completed project is a 5"x7" stained glass mirror! Instruction in material and tool use is provided as well as a sample template so participants of any age will succeed.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Audience Size** 15 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Leslie Doherty

**Phone** 9789442248

**Email** [leslie@waysofcolor.com](mailto:leslie@waysofcolor.com)

## Stained Glass Mosaic Planter Pots

Residents will enjoy making a Stained-Glass Mosaic Planter Pot!! Colored glass pieces are provided and glued to a 5" terra-cotta planter pot. A sanded grout is then applied to complete the piece. Great for all audiences, no experience is necessary.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 15 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Leslie Doherty

**Phone** 9789442248

**Email** [leslie@waysofcolor.com](mailto:leslie@waysofcolor.com)

## Stained Glass Mosaic Sun-Catchers

Participants create a beautiful Stained-Glass Mosaic Sun-Catcher to hang in a window. Colored glass pieces are provided and glued to a rectangular plexiglass surface. Great for all audiences, no experience is necessary.

**Program Type** [Single](#)

**Time** 1 hour

**Audience Size** 15 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Leslie Doherty

**Phone** 9789442248

**Email** [leslie@waysofcolor.com](mailto:leslie@waysofcolor.com)

## Stained Glass Mosaic Tile Trivets

Participants create a Stained Glass Mosaic Tile Trivet. Colored glass pieces are provided and glued to a 4"x4" porcelain tile. A sanded grout is then applied to complete the piece. Great for all audiences, no experience is necessary.

**Program Type** [Single](#)

**Time** 1 hour 30 minutes

**Audience Size** 15 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Leslie Doherty

**Phone** 9789442248

**Email** [leslie@waysofcolor.com](mailto:leslie@waysofcolor.com)

## Stained Glass Mosaic Wall Plaques

Magnificent Mosaics—Stained Glass Mosaic Wall plaques! Real glass pieces are glued onto a wooden base, grouted and cleaned. The wall plaque created is a beautiful keepsake item or makes for a wonderful gift. No experience is necessary and is great for all ages.

**Program Type** Single

**Time** 1 hour 30 minutes

**Audience Size** 1-15

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Leslie Doherty

**Phone** 9789442248

**Email** leslie@waysofcolor.com

## Steve Charette Incredible Magic Shows

Steve Charette is the one of the region's premier magicians having performed comedy magic of 30 years around New England and the East Coast. Steve performs mystifying close up and strolling magic as well as stage magic an incredibly interactive one-hour show. His magic is suitable for audiences of all ages.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Todd Civin, LOL Entertainment

**Phone** 978-502-1453

**Email** lolentertainmentgroup1@gmail.com

## Ta'i Chi

I will instruct the residents in Ta'i Chi in either a chair or standing. They will learn to feel life energy flowing into their legs, hips, torso, arms, neck, eyes and brain. Its meditative quality may quiet the mind while the gentle stretching movements encourage greater flexibility and relaxation.

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min - 25 max

**Language** English

**Audience** All Audiences

**Season** Fall, Spring, Summer

**Topic** Wellness

**Region** Central, Northeast, Southeast, Western

**Program Contact**

Carol Pedigree McConnell

**Phone** 4138344930

**Email** pedigreebreathsong88@gmail.com

## TaiChi, Qigong, and Mindfulness

This wellness program, taught by certified Tai Chi, Qigong, and Meditation Instructor J.T. Turner, can be adapted to any age or ability. For example:

"Introduction to Qigong or Tai Chi": Participants are introduced to simple, gentle exercises of Qigong or TaiChi, mindful movement systems from China used around the world for thousands of years to calm mind and body. These simple movements can help reduce stress, prevent falls, and improve focus, balance, circulation, & mobility, and can be done standing, sitting, or even lying down.

"Journey of Chen: Animal Tai Chi," a story-based mindful movement program for children.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Wellness

**Region** Statewide

**Program Contact**

J.T. Turner, The Actors Company Contact Marci Diamond for scheduling

**Phone** 7817103314

**Email** theactorscompany1@gmail.com

## Teen Situations

Teens are a tough population to engage in activities. ACME has 40 years of experience working with youth, teens being our biggest success! How do we do it? By being relatable and just a little bit crazy! We challenge the teens to work together in groups to solve interesting games and events. Snacks provided.

**Program Type** Single

**Time** 1 hour

**Audience Size** 10 min

**Language** English

**Audience** Youth 12 - 17

**Season** All Year

**Topic** Wellness

**Region**

Central, Southeast, Northeast, Metro Boston, Boston

**Program Contact**

Dennis Dow, Acme Teamwork

**Phone** 5084149963

**Email** dennisdow42@gmail.com

## Telling Your Life Story

Each of us has unique, captivating stories to be shared.

Those stories can be great gifts to our loved ones, friends, and strangers too. In this workshop we will use some wonderful prompts to evoke memories that are often buried in the "treasure box of our minds." We will choose one of those memories to shape into a story through a series of engaging spoken and written exercises designed to bring out its essence. At the end of the session, those who wish to, will have the opportunity to share their creation. The emphasis is to bring out the creative and distinctive voice of each person. Participants will leave with one well crafted story to share and a proven template for telling many more.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

John Porcino

**Phone** 413-687-2602

**Email** john@johnporcino.com

## The Carnival Comes to You

Imagine roaring tigers, beautiful butterflies, and animals of every type on the most beautiful canvas on earth—the human face! And our talented twisters will be equally creative with balloons. This interactive program is suitable for children of all audiences, from toddlers to seniors.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 2 hours

**Language** English, Russian, Spanish

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Bruce Lawson, Bruce's Fun Company

**Phone** 9782107464

**Email** bruce@brucefun.com

## The Crescent Dancers

With dazzling costumes and lively choreography, the Crescent Dancers share the magic and joy of Middle Eastern Belly Dance. After a performance including cultural information about the music, costumes and style of dance, there will be a dance lesson for all ages and abilities with easy to follow dance moves.

**Program Type** Single

**Time** 1 hour

**Audience Size** 3 min - 75 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Western, Central, Metro Boston

**Program Contact**

Karen Traub

**Phone** 4133679826

**Email** happydancermom@gmail.com

## The Cure for the Common Show

The intent of my program is to share my unique, energetic, interactive, family-friendly comedy-juggling show with audiences of all ages. My show combines technical juggling skills, creative physical manipulation and original comedy, into a dynamic, fun and exciting live experience.

**Program Type** Single

**Time** 1 hour

**Audience Size** 10 min - 100 max

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Stephen Bryson Lang

**Phone** 8186796303

**Email** brysonlang@hotmail.com

## The Justin Meyer Trio

We play the American popular music of the 1920s through the 1940s- swing, New Orleans, jazz, and big band favorites, made famous by musicians such as Louis Armstrong, Benny Goodman, and Frank Sinatra. Perfect for concerts, background music for events, and holiday parties. Featuring New England's finest traditional jazz musicians.

Featuring New England's finest traditional jazz musicians.

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** All Year

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Justin Meyer

**Phone** 6176535072

**Email** justinmeyer1@yahoo.com

## The Life and Times of Frank Sinatra

Enjoy the true story of one of the greatest entertainers of all time. Residents will learn how Frank Sinatra got his start, family history, his loves and marriages, his ups and downs. Stories about The Rat Pack and some of their colorful history will be included. This show also includes some of Frank's greatest hits.

**Program Type** Single

**Time** 1 hour

**Audience Size** 7 min - 200 max

**Language** English

**Audience** Adults, Elderly/Disabled

**Season** Fall, Spring, Winter

**Topic** Arts & Culture

**Region** Boston, Central, Metro Boston, Northeast

**Program Contact**

Peter O'Malley

**Phone** 6178222292

**Email** Petrmagic@aol.com

## The Season of Lights Puppet Show

All over the world, people light the long winter nights with celebration. The Season of Lights celebrates Christian, Muslim, Jewish, Hindu, African and Asian traditions with (secular) puppets, songs and great stories!

**Program Type** Single

**Time** 1 hour

**Audience Size** 5 min - 300 max

**Language** English

**Audience** Elderly/Disabled, Families, Youth 2 -12

**Season** Winter

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jonathan Keezing, Caravan Puppets

**Phone** 4132561886

**Email** caravanpuppets@gmail.com



## To Life: Celebrations in Story, Song, and Music

This performance is filled with humorous, warm, playful stories and songs that are reminders of the goodness of life, despite the inevitable bumps. Mixed in are fascinating musical instruments from around the world. This program is a handful of joy bringing skills and tricks and a playful touch of audience participation.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

John Porcino

**Phone** 413-687-2602

**Email** [john@johnporcino.com](mailto:john@johnporcino.com)

## Tribute To The Greatest Generation

A one hour presentation by vocalist Jim Porcella, featuring the music of the Big Band Era and The American Standards including tunes originally recorded by Frank Sinatra, Tony Bennett, Nat King Cole, Louis Armstrong, and Bobby Darin. Big Band tributes to Glen Miller, Harry James, and Jimmy Dorsey.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jim Porcella

**Phone** 6172334751

**Email** [jimporcella@gmail.com](mailto:jimporcella@gmail.com)

## Tribute to The Great Italian-American Singers

Jim's one hour presentation is a tribute to the "Great Italian Singers" featuring songs by Frank Sinatra, Tony Bennett, Louis Prima, Al Martino, Perry Como, and Dean Martin, among others.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Jim Porcella

**Phone** 6172334751

**Email** [jimporcella@gmail.com](mailto:jimporcella@gmail.com)

## Vegas Variety Show

Come and see the styles of a Las Vegas variety show, featuring the best of Sinatra, Dino, Tom Jones, Elvis, Bobby Darin and Barry Manilow plus a few funny surprises mixed in. Residents can get ready to go on a musical journey that will have them laughing, singing and dancing in the aisles.

**Program Type** [Single](#)

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** All Year

**Topic** Arts & Culture

**Region** Central, Western

**Program Contact**

David Colucci

**Phone** 4135940434

**Email** [davidjcolucci@msn.com](mailto:davidjcolucci@msn.com)

## When Irish Eyes are Smiling

This program is a fun presentation of traditional Irish music, humor and stories. The music will have everyone involved clapping and singing along. The comedy is side splitting laughter. Some of the songs you will hear are: "When Irish Eyes are Smiling", "My Wild Irish Rose", and "Tim Finnegan Wake" to name a few.

**Program Type** Single

**Time** 1 hour

**Audience Size** 7 min - 200 max

**Language** English

**Audience** Adults, Elderly/Disabled, Families

**Season** Fall, Spring, Winter

**Topic** Arts & Culture

**Region** Boston, Central, Metro Boston, Northeast

**Program Contact**

Peter O'Malley

**Phone** 6178222292

**Email** Petrmagic@aol.com

## Witchy Wanda Halloween Spooktacular Show

Witchy Wanda's Halloween Spooktacular Show is a variety show and a way to celebrate Halloween in a safe environment. Exceptional Make-up, Costumes along with funny props are highlighted with farcical Songs about Halloween and its crazy characters. Audience participation is encouraged and rewarded with prizes.

*This program may be used only once per TAP member site.*

**Program Type** Single

**Time** 1 hour

**Language** English

**Audience** All Audiences

**Season** October

**Topic** Arts & Culture

**Region**

Boston, Central, Metro Boston, Northeast, Southeast

**Program Contact**

Elaina Vratos Jacobs, Big Smile Entertainment

**Phone** 7818447225

**Email** elaina@bigsmileentertainment.com

## Workshop for Joy and Healing for Seniors

This songwriting workshop is about feelings, about life, and the joy of sharing experiences with others. No musical experience necessary.

**Program Type** Single

**Time** 1.5 hours

**Audience Size** 12 max

**Language** English

**Audience** Elderly

**Season** All Year

**Topic** Arts & Culture

**Region** Statewide

**Program Contact**

Robin Lane

**Phone** 413-475-2111

**Email** robinlanemail@gmail.com